

YUCCA LODGE



THE LODGE

Yucca Lodge provides intensive residential treatment for persons with chemical dependency; many have secondary mental health disorders. Established in 1977, Yucca Lodge is a facility of the NM Department of Health and is licensed by the State.

The Lodge is a restored adobe building from the mid-19th century on the campus of historic Fort Bayard Medical Center near Silver City. Yucca Lodge is adjacent to the Gila National Forest. The secluded setting encourages our residents to focus on treatment and to reflect on the roles of addiction and of recovery in their lives. Treatment stays average 4 or more weeks depending on resident treatment needs.

OUR SERVICES

Yucca Lodge provides a clinically monitored, *non-medical* detoxification program* and an intensive residential treatment program for up to 18 residents. Services include:

- Routine physical screening
- Nursing assessment and care
- Clinical assessment and therapy
- Physician intervention
- Classes on addiction, recovery, health, relationships, and more
- Group therapy
- Individual counseling
- Relapse prevention
- Training in anger management, communication, refusal skills, and more
- Participation in 12-Step programs
- Family education and counseling
- Aftercare planning and referral
- Recreational activities

YUCCA LODGE'S PHILOSOPHY

At Yucca Lodge we believe that alcohol and drug dependence—addiction—is a disease. We support and value the 12-Step approach and use a variety of clinical and educational interventions with demonstrated effectiveness in treating chemical dependency. The program is flexible and individualized in order to address each resident's specific substance use history and mental health needs.

Successful treatment and recovery require hard work and major changes in behavior, attitude, and lifestyle. Our program is highly structured and requires residents' active and willing participation in all aspects of treatment.

Our goal is to empower residents to reclaim their lives and accept responsibility for their actions past, present, and future.

OUR STAFF

Yucca Lodge's staff is a team of Licensed Substance Abuse and Mental Health Counselors, Registered Nurses, and Psychological Technicians. They reflect the ethnic and cultural backgrounds of our residents. Yucca Lodge uses the services of Fort Bayard Medical Center physicians, psychiatrists, pharmacy, and laboratory.

FOR ADMISSION SCREENING

Applicants must be 18 years or older. Only voluntary admissions are accepted. No one will be admitted with pending legal obligations including pending incarceration. All medical, mental health, or dental problems, and medications must be disclosed and discussed prior to admission for your safety.

Call our Admissions Clerk at
575-537-3465 or 800-454-3465 (in NM)

to determine your eligibility and appropriateness for treatment at Yucca Lodge and to discuss insurance or other financial arrangements. Sliding scale fee options are available if you do not have insurance.

*"Chemical Dependency is
a diagnosis, not an accusation"*

* For medical detoxification of alcohol, opiate, sedative/hypnotic or benzodiazepine use, call Turquoise Lodge, 505-841-8978, or another hospital.

